



International Institute of Original Medicine

A CHRISTIAN INSTITUTE OF HIGHER EDUCATION



CATALOG OF PROGRAMS AND COURSES

CERTIFICATE PROGRAMS

DEGREE PROGRAMS

CONTINUING EDUCATION COURSES

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WELCOME FROM THE OFFICE OF THE PRESIDENT

You are now at the beginning of an adventure in learning that is designed to help lay a foundation for you to understand and effectively impart the powerful effects of natural healing. The practice of Original Medicine was founded by the Great Physician at the dawn of Creation and has proven to be the uniquely superior protocol for maintaining physical, mental, emotional, and spiritual health throughout the ages.

The International Institute of Original Medicine (IIOM) provides a full spectrum of offerings designed to empower personal self-improvement and professional aspirations. Our goal at IIOM is to provide this empowerment through self-paced, comprehensive, yet affordable, natural health education offerings. Our dynamic curriculum is also designed to change in response to the ever-changing needs of our valued students.

We are confident that you will find our program to be one of the most diversified programs available in the field of natural healing in the 21st century. We provide these offerings in a dynamic, relevant, and efficient educational delivery system designed to meet the diversified needs of our valued, self-directed, and mature students. Our continuing effort will be to help you maintain a balance in your life between demands on your time, economic considerations, and your desire to further your education, while providing you with clear, comprehensive, and practical health information in an easy-to-absorb and efficient format.

In each of our educational programs, you will learn the importance of viewing people as health partners, not patients. You will also learn the importance of speaking in terms of health and not disease. You will learn to become a health educator and a coach.

We thank you for participating in the programs we offer. It is our hope to significantly contribute to your natural health learning, application, and teaching efforts.

We welcome you as a fellow health partner and student in IIOM. We look forward to working with you and being of service to you and your aspirations in the field of natural healing.



Jim Sharps, N.D., H.D., Dr.NSc., Ph.D.
President and CEO



Elisa Sharps, N.D., CCH, CNC
Executive Director

MISSION STATEMENT AND GOALS

Many people are becoming increasingly disenchanted with the inability of conventional medical treatments to provide enduring health. While conventional medicine provides excellent treatment in cases of trauma, acute bacterial infections, medical and surgical emergencies, and other crises, it is not as successful at preventing sickness or treating chronic and degenerative disease processes. In addition, concern over the high costs of conventional medicine has led many to search for natural, safe, and effective alternatives.

IOM has been in existence since 1999 with the objective of serving the public by providing a new breed of health professional trained with a curriculum based on natural, biblically sound health teachings and methods. We offer what very few other programs do in the way of education in a lifestyle that promotes development of the whole person, i.e., body, mind, and spirit. Our mission is to give students the opportunity to discover and explore the field of naturopathy while we provide a supportive learning environment that helps them develop their unique talents and full potential.

The International Institute of Original Medicine meets the need for clear, complete, and practical programs in natural medicine offered in an easy-to-absorb format through an efficient delivery system. Our goal is to offer the most complete, up-to-date, and valuable teaching methods in this area to meet the ever-changing needs of our valued students. This requires innovative teaching techniques coupled with constant monitoring and updating. IOM offers an educationally sound, structured curriculum and supervised study through an efficient distance-learning format between the student and qualified instructor(s).

The International Institute of Original Medicine provides comprehensive and practical instruction for those who wish to fill the growing need for natural health consultants and educators. We invite students to join us in making natural healing protocols available to the many people searching for this capability.

Our goal is to provide each student with the best possible quality education in natural healing, competently administered both academically and through personal attention. Our solid and comprehensive curriculum is enhanced by educational methods that are cutting edge and provide ample opportunity to develop critical thinking skills and real-life application of concepts, while enhancing personal enrichment or professional development.

ABOUT THE INTERNATIONAL INSTITUTE OF ORIGINAL MEDICINE

The International Institute of Original Medicine (IIOM) is a Christian distance-learning educational institute. Our intent is to provide health education and offerings that are in harmony with the Creator's natural laws of health. We believe that our offerings provide our students, both Christian and non-Christian, with a powerful set of time-honored principles and techniques for developing the whole person — body, mind, and spirit. We are a dynamic organization with plans to build an ever-growing network of health professionals and affiliations to ensure the highest quality education to meet the needs of our valued students.

IIOM was originally founded by Drs. Duane and Nancy McEndree in 1999. Ownership was transferred to Drs. Jim and Elisa Sharps in 2004 and the school was transformed and accredited in 2008. IIOM is a natural expansion of Integrated Health Services (IHS), a natural health organization founded by Drs. Jim and Elisa Sharps in 1993. IHS has sustained the vision of better health through healthful living by providing personalized health consultations, health seminars to a broad spectrum of audiences, and certified training programs. We have kept the faith, as it were, over the years in providing uncompromising natural health services and education to our clients. Now IIOM has taken that approach and pioneered an unequalled educational experience in original medicine to offer to our valued students.

In this exciting era of the 21st century, IIOM's certificate and degree programs address the explosion of interest in and the growing need for practitioners of natural healing and lifestyle principles.

Along the way, we have fine-tuned our educational materials and methods to meet the unique and varied requirements of our students. We are proud of the many testimonials we have received affirming our dedication to quality services and educational offerings.

IIOM endeavors to be at the forefront of promoting natural, biblically based educational programs in the areas of naturopathy, nutrition, botanical medicine, and related natural health systems. We continually update our educational materials as new information on natural medicine methods is discovered and reported. It is our intent to be an information center for natural health and healing. As such, we are in the unique position of acting as a catalyst between the many groups that now support natural health systems.

In keeping pace with the technological advances of the 21st century, we continue to expand our educational concepts with creative, visionary, and cutting-edge resources. Some of the projects currently in progress include enlarging the curricula, providing Internet student support services and newsletters, evaluating and adding appropriate textbooks, improving testing practices, and implementing a graduate internship program. Our dedication to the art of natural healing and healthy living makes us eminently qualified and positioned to meet the exciting challenges of today's requirements for natural health education and services.

WHAT IS DISTANCE LEARNING?

Distance learning is an innovative, non-conventional, but progressively more mainstream, learning format that is enjoying immense popularity among mature, motivated adult students. Distance learning accommodates busy adult work schedules and family obligations because of its availability and flexibility. Distance learning students are able to study when and where they choose. Communication with instructors and IOM is mainly via computer and e-mail.

Students in a distance-learning program must be self-motivated and experienced at budgeting their time. A variety of educational offerings and a flexible format make distance learning a winning educational experience for many students!

WHO ARE IOM STUDENTS?

IOM students are health partners whose backgrounds span a broad range of educational and career fields. IOM students tend to have a high degree of initiative, motivation, and intellectual curiosity. They are unique individuals who are open-minded and have a high interest in natural health options. They are interested in high-quality educational materials that are both efficient and relevant. IOM students include professionals from all walks of life, such as medical doctors, chiropractors, teachers, massage technicians, nurses, ministers, business executives, nutritional counselors, office workers, and retirees.

CAREER OPPORTUNITIES

IOM students enroll for both personal and professional enrichment. Our goal is to provide IOM students with the skills they need to begin to practice as professionals and counselors in the natural health field, within a reasonable period of time, and at an affordable cost. We teach our students how to be healthy and how to teach others to be healthy. Our students and graduates also have the opportunity to help family and friends live a healthier lifestyle.

Students who have completed an IOM certificate or degree program are equipped to work in the following areas based on the extent of completed courses:

- Nutritional counselor or consultant
- Nutritional assistant to physicians or institution
- Naturopathic doctor with a private practice
- Natural health writer
- Home health advisor
- Natural health product retailer
- Seminar speaker or leader on natural health topics
- Owner of or therapist in a long-term care institution
- Medical missionary
- Owner of a school of natural healing
- Owner of a health and wellness business or institute/health restoration facility
- Herbal marketing specialist

Work opportunities abound in these fields. The IOM curriculum equips students to competently and confidently perform in a variety of personal and professional settings. Once established, a natural health practitioner can reasonably expect to charge from \$50 to over \$250 per hour.

IOM ACCREDITATION

Accreditation usually refers to established regional accrediting organizations associated with conventional colleges and universities. Criteria for regional accreditation were established long before the concept of distance-learning education, and therefore accreditation for distance learning varies considerably. Our priority is to offer high-quality education in the field of natural medicine that is relevant, affordable, and biblically approved. Our objective is to apply for and seek the appropriate distance-learning accreditation that honors our unique mission and standards.

The International Institute of Original Medicine is accredited by the American Naturopathic Medical Accreditation Board (ANMAB), and the American Association of Drugless Practitioners (AADP), the two major accreditation boards for natural health distance-learning schools in the United States. As an ANMAB and/or AADP accredited school, IOM doctoral candidates are equipped and qualified to become Board Certified by the American Naturopathic Medical Certification Board (ANMCB) and American Association of Drugless Practitioners (AADP), respectively.

The American Naturopathic Medical Accreditation Board (ANMAB), formerly ANMCAB, was founded in 1978, and incorporated in Washington, D.C., This prestigious organization has recognized and met the need to promote and regulate naturopathic traditional and non-traditional education over a period of thirty-one years. Through the process of review ANMAB adopted criteria and procedures for evaluating institutions and its programs. This system of review has worked for determining the qualities of sound educational programs, and ethical business practices, in all areas of natural health care. The organization's Committee on Accreditation oversees all evaluations conducted by the investigative team, and grants final approval. ANMAB's website is at www.anmab.org.

The American Naturopathic Medical Certification Board (ANMCB) is a non-profit worldwide organization registered in Washington, DC, that administers certification for natural health care professionals. The mission of the American Naturopathic Medical Certification Board has been, first and foremost, protection of the health and welfare of the public. ANMCB's website is www.anmcb.org.

The American Association of Drugless Practitioners Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners. The AADP website is www.aadp.net.

NONDISCRIMINATION POLICY

IOM does not discriminate on the basis of gender, race, religion, or national origin.

CONFIDENTIALITY

A student is defined as any individual who has completed an IOM Application for Enrollment Form and been accepted for admission. Each student has the right to inspect and/or review his/her educational records, such as official transcripts, courses and grades, records of prior learning and life/work experience, and admissions records. All students' records are held in strict confidence. IOM is aware of the confidential nature of students' records, both personal and academic; therefore, IOM exercises extreme care and concern in recording and maintaining information. Such information will not be released to unauthorized persons, agencies, mailing lists, or for advertising purposes without written consent from the student.

CERTIFICATE PROGRAMS

Certificate programs provide practical, focused knowledge in one aspect of natural health for self-application or for consultations with the public, clients, family, or friends. Certificate programs are offered to students who do not wish to pursue a degree or as a prerequisite to fulfill some of the requirements of an IOM degree program. For students who have been away from school for a while, we recommend (but do not require) that they take the one-credit course IOM 55 Strategies for Learning Success as a separate, individual course prior to beginning the Certificate Program of their choice. Much of the course work and credit hours completed during an IOM certificate program is applicable to an IOM degree program.

CERTIFIED NUTRITION COUNSELOR (CNC)

22 CREDITS

This Certificate Program covers the field of nutrition and diet. Conventional nutrition and the deficiencies of the standard American diet are compared to the benefits of naturopathic nutrition and the original diet. Students also learn how to facilitate healthy lifestyle changes in diet for themselves and others.

REQUIRED COURSES	COURSE NAME	CREDITS
IOM 01	Concepts of Original Medicine	1
IOM 08	Mind, Character and Personality	2
IOM 10	Basic Principles of Total Health and the Hierarchy of Nutrients	2
IOM 11	Scientific Basis for Nutrition	3
IOM 12	Detoxification and Cleansing Diets	2
IOM 16	Facilitating Dietary Changes	1
IOM 18	Enzymes	2
IOM 76	The Divine Prescription for Health Healing	3
IOM 80	Case Study or Project (CNC)	2
	Total Core Credits	18
ELECTIVE COURSES	(STUDENT MUST CHOOSE 4 CREDITS)	CREDITS
IOM 02	Counsels on Diet and Foods	3
IOM 06	Drugs, Herbs & Natural Remedies	1
IOM 09	Healthful Living	2
IOM 13	Health and Wellness	2
IOM 21	Introduction to Conventional Nutrition	1
IOM 22	Nutrition for Children	3
IOM 32	The Green Pharmacy	3
	Total Elective Credits	15

CERTIFIED HERBALIST IN ORIGINAL MEDICINE (CHOM) 22
CREDITS

This Certificate Program covers the field of herbology and presents a comprehensive, broad spectrum of topics on herbs, including terminology and definitions, types and properties of herbs, collection and storage of herbs, uses of herbs, and health conditions and their corresponding herbal remedies. Students learn the basic concepts of original medicine, as well as naturopathic nutrition and the original diet. Students also learn how to facilitate healthy lifestyle changes in the diet for themselves and others by using herbs.

REQUIRED COURSES	COURSE NAME	CREDITS
IIOM 01	Concepts of Original Medicine	1
IIOM 10	Basic Principles of Total Health and the Hierarchy of Nutrients	2
IIOM 31	Medicinal Use of Herbs	2
IIOM 32	The Green Pharmacy	3
IIOM 33	Practical Applications in the Use of Herbs	3
IIOM 36	Encyclopedia of Herbal Medicine	3
IIOM 81	Case Study or Project (CHOM)	2
	Total Core Credits/Hrs	16
ELECTIVE COURSES	(STUDENT MUST CHOOSE 6 CREDITS)	CREDITS
IIOM 30	Herbs of the Bible	2
IIOM 34	Advanced Treatise in Herbology	4
IIOM 35	Adaptogens	2
IIOM 38	Chemistry of Essential Oils	3
IIOM 76	The Divine Prescription of Health and Healing	3
	Total Elective Credits	14

CERTIFIED MEDICAL MISSIONARY IN ORIGINAL MEDICINE (CMM) 30 CREDITS

This Certificate Program covers several fields of particular interest to medical missionaries: concepts of original medicine, the purpose of health reform, nutrition, the original diet, simple home remedies, hydrotherapy, and other important topics that form a comprehensive Biblical perspective on health and wellness.

REQUIRED COURSES	COURSE NAME	CREDITS
IOM 01	Concepts of Original Medicine	1
IOM 02	Counsels on Diets and Foods	3
IOM 03	Ministry of Health and Healing	3
IOM 04	Home Remedies and Hydrotherapy	3
IOM 07	Counsels on Health	3
IOM 10	Basic Principles of Total Health and the Hierarchy of Nutrients	2
IOM 11	Scientific Basis for Nutrition	3
IOM 61	Anatomy and Physiology, Part 1	1
IOM 64	Disease Processes and Conventional Medicine, Part 1	3
IOM 75	The Medical Missionary Manual	2
IOM 82	Case Study or Project (CMM)	2
	Total Core Credits	26
ELECTIVE COURSES	(STUDENT MUST CHOOSE 4 CREDITS)	CREDITS
IOM 05	A Biblical Perspective on Hygiene	1
IOM 06	Drugs, Herbs, & Natural Remedies	1
IOM 08	Mind, Character and Personality	2
IOM 09	Healthful Living	2
IOM 30	Herbs of the Bible	2
IOM 32	The Green Pharmacy	3
IOM 76	The Divine Prescription of Health and Healing	3
	Total Elective Credits	14

DEGREE PROGRAMS

Degree programs provide a well-rounded, comprehensive-to-advanced fund of knowledge in both the theoretical and practical aspects of naturopathy and original medicine for self-application or for consultations with the public, clients, family, or friends.

IOM offers three-degree programs:

BACHELOR OF SCIENCE IN ORIGINAL MEDICINE (BSOM)

MASTER OF SCIENCE IN ORIGINAL MEDICINE (MSOM)

DOCTOR OF NATUROPATHY IN ORIGINAL MEDICINE (DNOM)

BACHELOR OF SCIENCE IN ORIGINAL MEDICINE**45 CREDITS**

The IIOB Bachelor of Science in Original Medicine (BSOM) covers the last 2 years in which college students normally concentrate on their major area of study. Therefore, we prefer that students entering this degree program already have an Associate's Degree or a Bachelor's Degree to assure a general fund of knowledge. However, we welcome students with other types of relevant experiences and training as we do recognize the value of life experience and the general fund of knowledge gained in the workplace or in managing a home and family. All students must be able to use a computer to create documents and communicate via e-mail. Building on a previous college degree or life experience, this degree program then focuses on what would be the junior-level and senior-level courses with a major in Original Medicine.

REQUIRED COURSES	COURSE NAME	CREDITS
IIOB 01	Concepts of Original Medicine	1
IIOB 02	Counsels on Diet and Foods	3
IIOB 03	Ministry of Health and Healing	3
IIOB 04	Home Remedies and Hydrotherapy	3
IIOB 10	Basic Principles of Total Health and the Hierarchy of Nutrients	2
IIOB 11	Scientific Basis for Nutrition	3
IIOB 13	Health and Wellness	2
IIOB 15	Current Events in Nutrition and Diet	3
IIOB 16	Facilitating Dietary Changes	1
IIOB 18	Enzymes	2
IIOB 21	Introduction to Conventional Nutrition	1
IIOB 30	Herbs of the Bible	2
IIOB 46	Defeating Cancer Naturally	1
IIOB 55	Strategies for Becoming an Active Thinker	1
IIOB 60	Introduction to Medical Language	1
IIOB 61	Anatomy and Physiology, Part 1	1
IIOB 64	Disease Processes and Conventional Medicine, Part 1	3
IIOB 76	The Divine Prescription for Health and Healing	3
IIOB 89	Case Study or Project	
	Total Core Credits	36

BACHELOR OF SCIENCE IN ORIGINAL MEDICINE, CONTINUED

ELECTIVE COURSES	(STUDENT MUST CHOOSE 9 CREDITS)	CREDITS
IOM 05	A Biblical Perspective on Hygiene	1
IOM 06	Drugs, Herbs, & Natural Remedies	1
IOM 07	Counsels on Health	3
IOM 08	Mind, Character and Personality	2
IOM 41	Elements of Massage Therapy	3
IOM 42	Introduction to Reflexology	1
IOM 43	Depression: The Natural Way Out	2
IOM 68	Introduction to Psychiatry	1
Total Elective Credits		14

Summary of Bachelor of Science in Original Medicine Personalized Curriculum

	Credits	Hours
Total core Credits/Hours	36	540
Total elective Credits/Hours	<u>9</u>	<u>135</u>
Personalized BSOM Curriculum	45	675

Most of the course work and credit hours completed during this degree program are applicable and transferable to the Master of Science in Original Medicine and the Doctor of Naturopathy in Original Medicine degree programs.

MASTER OF SCIENCE IN ORIGINAL MEDICINE**60 CREDITS**

Students entering the IOM Master of Science in Original Medicine (MSOM) program must already have a Bachelor of Science in Original Medicine from IOM, a Bachelor's degree from another naturopathic school, or equivalent courses, relevant experiences, or training. The IOM Admissions Committee will decide if credits transferred from another school meet the requirements of IOM or if there are additional IOM Bachelor-level courses that need to be taken before beginning the Master's level courses.

REQUIRED COURSES	COURSE NAME	CREDITS
IOM 01	Concepts of Original Medicine	1
IOM 02	Counsels on Diet and Foods	3
IOM 07	Counsels on Health	3
IOM 10	Basic Principles of Total Health and the Hierarchy of Nutrients	2
IOM 11	Scientific Basis for Nutrition	3
IOM 13	Health and Wellness	2
IOM 18	Enzymes	2
IOM 19	Corrective Nutrition	4
IOM 30	Herbs of the Bible	2
IOM 33	Practical Application in the Use of Herbs	3
IOM 43	Depression: The Way Out	2
IOM 60	Introduction to Medical Language	1
IOM 61	Anatomy and Physiology, Part 1	1
IOM 64	Disease Processes and Conventional Medicine, Part 1	3
IOM 76	The Divine Prescription for Health and Healing	3
IOM 90	Masters Thesis	10
	Total Core Credits	45

MASTER OF SCIENCE IN ORIGINAL MEDICINE, CONTINUED

ELECTIVE COURSES	(STUDENT MUST CHOOSE 15 CREDITS)	CREDITS
IOM 03	Ministry of Health and Healing	3
IOM 04	Home Remedies and Hydrotherapy	3
IOM 14	Orthomolecular Nutrition	2
IOM 16	Facilitating Dietary Changes	1
IOM 20	Nutrition in Action	2
IOM 21	Introduction to Conventional Nutrition	1
IOM 31	Medicinal Use of Herbs	2
IOM 32	The Green Pharmacy	3
IOM 41	Elements of Massage Therapy	3
IOM 42	Introduction to Reflexology	1
IOM 44	Introduction to Homeopathy	2
IOM 47	Introduction to Iridology	1
IOM 62	Anatomy and Physiology, Part 2	1
IOM 65	Disease Processes & Conventional Medicine, Pt 2	3
IOM 68	Introduction to Psychiatry	1
IOM 75	Medical Missionary Manual	2
	Total Elective Credits	31

Summary of Master of Science in Original Medicine Personalized Curriculum

	Credits	Hours
Total core Credits/Hours	45	675
Total elective Credits/Hours	<u>15</u>	<u>225</u>
Personalized DNOM Curriculum	60	900

Most of the course work and credit hours completed during this degree program are applicable and transferable to the Doctor of Naturopathy in Original Medicine degree program.

DOCTOR OF NATUROPATHY IN ORIGINAL MEDICINE

90 CREDITS

The IOM Doctor of Naturopathy in Original Medicine (DNOM) degree program is designed to be one of the most diversified programs available in the field of natural healing in the 21st century. We provide these offerings in a dynamic, relevant, and efficient educational delivery system designed to meet the diversified needs of our valued, self-directed, mature students.

The student will be equipped and empowered with Biblically-based natural health information with clear, comprehensive, and practical health information in an easy-to-absorb and efficient format that will meet a broad range of personal and professional health goals.

The IOM Admissions Committee will decide if credits transferred from another school meet the requirements of IOM or if there are additional IOM Bachelor-level or Master-level courses that need to be taken before beginning the Doctoral-level courses.

A total of **59 core requirement credits** form the foundational basis of the IOM doctoral program, and the student must choose a **minimum of 31 elective credits** for a total of **90 credits**. This allows our valued students to personalize their curriculum to meet a wide range of personal and professional endeavors. The following are the required and elective courses from our comprehensive curriculum of original medicine, nutrition and diet, herbal, alternative medicine, business and health assessment, and conventional medicine courses.

Doctor of Naturopathy in Original Medicine Core Requirements: 59 credits

REQUIRED COURSES	COURSE NAME	CREDITS
IOM 01	Concepts of Original Medicine	1
IOM 02	Counsels on Diet and Foods	3
IOM 04	Home Remedies and Hydrotherapy	3
IOM 08	Mind, Character and Personality	2
IOM 10	Basic Principles of Total Health and the Hierarchy of Nutrients	2
IOM 11	Scientific Basis for Nutrition	3
IOM 12	Detoxification and Cleansing Diets	2
IOM 18	Enzymes	2
IOM 19	Corrective Nutrition	4
IOM 31	Medicinal Use of Herbs	2
IOM 32	The Green Pharmacy	2
IOM 50	Human Life: Its Philosophy and Laws	3
IOM 53	Whole – Body Dentistry	2
IOM 56	Legal Guidelines for Unlicensed Professionals	2
IOM 60	Introduction to Medical Language	1
IOM 61	Anatomy and Physiology, Part 1	1
IOM 64	Disease Processes/Conventional Medicine, Part 1	3
IOM 70	Conventional Drugs and Medicines	3
IOM 76	The Divine Prescription for Health and Healing	3
IOM 91	Doctoral Dissertation	15
	Total Core Credits	59

DOCTOR OF NATUROPATHY IN ORIGINAL MEDICINE, CONTINUED

ELECTIVE COURSES	(STUDENT MUST CHOOSE 31 CREDITS)	CREDITS
IOM 03	Ministry of Health and Healing	3
IOM 07	Counsels on Health	3
IOM 09	Healthful Living	2
IOM 13	Health and Wellness	2
IOM 14	Orthomolecular Nutrition	2
IOM 17	Chemistry of Man	5
IOM 20	Nutrition in Action	2
IOM 21	Introduction to Conventional Nutrition	1
IOM 22	Nutrition for Children	3
IOM 33	Practical Applications in the Use of Herbs	3
IOM 34	Advanced Treatise in Herbology	5
IOM 35	Adaptogens	2
IOM 36	Encyclopedia of Herbal Medicine	3
IOM 38	Chemistry of Essential Oils	3
IOM 40	Acupressure	1
IOM 41	Elements of Massage Therapy	3
IOM 42	Introduction to Reflexology	1
IOM 43	Depression: The Natural Way Out	2
IOM 44	Introduction to Homeopathy	2
IOM 45	The Body Electric	2
IOM 47	Introduction to Iridology	1
IOM 48	Introduction to Sclerology	1
IOM 51	Health Assessment with Biological Ionization	2
IOM 52	Dried Blood Cell Analysis	2
IOM 57	Naturopathy for the 21 st Century	2
IOM 62	Anatomy and Physiology, Part 2	1
IOM 63	Anatomy and Physiology, Part 3	1
IOM 65	Disease Processes/Conventional Medicine, Part 2	3
IOM 66	Disease Processes/Conventional Medicine, Part 3	3
IOM 68	Introduction to Psychiatry	1
IOM 69	Introduction to Oncology	1
IOM 75	Medical Missionary Manual	2
	Total Elective Credits	70

Doctor of Naturopathy in Original Medicine Curriculum

	Credits	Hours
Total core Credits/Hours	59	885
Total elective Credits/Hours	31	465
Personalized DNOM Curriculum	90	1350

Please see course descriptions in the Course Descriptions section of the catalog, and feel free to contact us for help in completing your personalized doctoral curriculum.

INDIVIDUAL COURSES AND CONTINUING EDUCATION

IOM offers the following as individual courses and/or continuing education courses. Each course can be taken individually for continuing education, personal enrichment, or as part of a plan to achieve a certificate or a degree. Each course, if completed successfully, can be applied to any IOM certificate program or degree program.

COURSE NUMBER	COURSE NAME	CREDITS	ESTIMATED HOURS
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COURSES IN ORIGINAL MEDICINE (IOM 01-09, 75-79)

IOM 01	Concepts of Original Medicine	1	15
IOM 02	Counsels on Diet and Foods	3	45
IOM 03	Ministry of Health and Healing	3	45
IOM 04	Home Remedies and Hydrotherapy	3	45
IOM 05	A Biblical Perspective of Hygiene	1	15
IOM 06	Drugs, Herbs & Natural Remedies	1	15
IOM 07	Counsels on Health	3	45
IOM 08	Mind, Character and Personality	2	30
IOM 09	Healthful Living	2	30
IOM 75	Medical Missionary Manual	2	30
IOM 76	The Divine Prescription for Health and Healing	3	45

COURSES IN NUTRITION AND DIET (IOM 10-29)

IOM 10	Basic Principles of Total Health and the Hierarchy of Nutrients	2	30
IOM 11	Scientific Basis for Nutrition	3	45
IOM 12	Detoxification and Cleansing Diets	2	30
IOM 13	Health and Wellness	2	30
IOM 14	Orthomolecular Nutrition	2	30
IOM 15	Current Events in Nutrition and Diet	2	30
IOM 16	Facilitating Dietary Changes	1	15
IOM 17	Chemistry of Man	5	75
IOM 18	Enzymes	2	30
IOM 19	Corrective Nutrition	4	60
IOM 20	Nutrition in Action	2	30
IOM 21	Introduction to Conventional Nutrition	1	15
IOM 22	Nutrition for Children	3	45

COURSES IN BOTANICAL MEDICINE (IIOM 30-39)

IIOM 30	Herbs of the Bible		2	30
IIOM 31	Medicinal Use of Herbs		2	30
IIOM 32	The Green Pharmacy		3	45
IIOM 33	Practical Applications in the Use of Herbs		3	45
IIOM 34	Advanced Treatise in Herbology	5	75	
IIOM 35	Adaptogens		2	30
IIOM 36	Encyclopedia of Herbal Medicine		3	45
IIOM 38	Chemistry of Essential Oils		3	45

COURSES IN ALTERNATIVE MEDICINE (IIOM 40-49)

IIOM 40	Acupressure		1	15
IIOM 41	Elements of Massage Therapy		3	45
IIOM 42	Introduction to Reflexology		1	15
IIOM 43	Depression: The Natural Way Out		2	30
IIOM 44	Introduction to Homeopathy		2	30
IIOM 45	The Body Electric		2	30
IIOM 46	Defeating Cancer Naturally		1	15
IIOM 47	Introduction to Iridology		1	15
IIOM 48	Introduction to Sclerology		1	15

COURSES IN HEALTH ASSESSMENT AND PROFESSIONAL DEVELOPMENT (IIOM 50-59)

IIOM 50	Human Life, Its Philosophy and Laws		3	45
IIOM 51	Health Assessment with Biological Ionization		3	45
IIOM 52	Dried Blood Cell Analysis		2	30
IIOM 53	Whole – Body Dentistry	2	30	
IIOM 54	Natural Health Assessment Protocols & Strategies		2	30
IIOM 55	Becoming an Active Thinker		1	15
IIOM 56	Legal Guidelines for Unlicensed Professionals		2	30
IIOM 57	Naturopathy for the 21 st Century	2	30	
IIOM 58	Setting Up a Naturopathic Practice		2	30 (Pending)
IIOM 59	Blueprint for the Quintessential Original Medicine Lifestyle Center		2	30 (Pending)

COURSES IN CONVENTIONAL MEDICINE (IIOM 60-74)

IIOM 60	Introduction to Medical Language		1	15
IIOM 61	Anatomy and Physiology, Part 1		1	15
IIOM 62	Anatomy and Physiology, Part 2		1	15
IIOM 63	Anatomy and Physiology, Part 3		1	15
IIOM 64	Disease Processes and Conventional Medicine, Part 1		3	45
IIOM 65	Disease Processes and Conventional Medicine, Part 2		3	45
IIOM 66	Disease Processes and Conventional Medicine, Part 3		3	45
IIOM 68	Introduction to Psychiatry		1	15
IIOM 69	Introduction to Oncology		1	15
IIOM 70	Conventional Drugs and Medicines		3	45
IIOM 71	Anatomy and Physiology (Parts 1, 2 & 3)		3	45

COURSES FOR PROGRAM COMPLETION (IIOM 80-99)

IOM 80	Case Study or Project (CNC)	2	30
IOM 81	Case Study or Project (CHOM)	2	30
IOM 82	Case Study or Project (CMM)	2	30
IOM 89	Case Study or Project (BSOM)		
IOM 90	Master's Thesis	10	
IOM 91	Doctoral Dissertation	15	

✓ **COMING SOON!**

NEW COURSES

IOM 58 Setting Up a Naturopathic Practice **TBD**

IOM 59 Blueprint for the Quintessential Original Medicine **TBD**
Lifestyle Center

These courses show students how to set up a naturopathic practice, advertise, attract clients, and manage finances, and how to set up the complete lifestyle center including agriculture, natural protocols, restaurant, store, cooking classes and natural care assisted living.

PRACTICUMS

To provide a powerful, hands-on learning experience for our valued students, IOM is establishing partnerships with several lifestyle centers and natural health institutes.

The intent is to provide the student practical, hands-on experience to complement and reinforce their academic training. Site locations and partnerships will be noted on our website.

COURSE DESCRIPTIONS

Courses in Original Medicine

IOM 01 Concepts of Original Medicine

1 credit

This introductory course covers the basic concepts of original medicine, naturopathy, and the natural healing laws of health.

Textbook: *Concepts of Original Medicine* by Jim Sharps, N.D., Ph.D.

IOM 02 Counsels on Diet and Foods

3 credits

This course presents wonderful, practical, and up-to-date information on diet and nutrition. Some of the subjects covered are the original diet of man, the role of dairy and animal products in the diet, diet and spirituality, and the purpose and practice of time-proven, biblically based dietary principles.

Textbook: *Counsels on Diet and Foods* by Ellen G. White.

IOM 03 Ministry of Health and Healing

3 credits

This course presents the principles of a faith-based approach to healing and how to have health and wellness and keep it for a lifetime. It examines what the Bible has to say about diet and health, flesh foods, stimulants, and liquor. It studies the influence of the mother and home on the health of the family. It guides in the care of the sick and in prayers to God, the great Physician-Healer.

Textbook: *The Ministry of Health and Healing* by Ellen G. White.

IOM 04 Home Remedies and Hydrotherapy

3 credits

This course presents simple yet time-honored principles and techniques, such as hydrotherapy, massage, garlic, charcoal, and other simple but physiologically based remedies have not changed for hundreds of years.

Textbook: *Home Remedies and Hydrotherapy* by Calvin Thrash, M.D., and Agatha Thrash, M.D.

IOM 05 A Biblical Perspective on Hygiene

1 credit

This course presents a compilation of writings by Elder James White and his wife, Ellen G. White on the subject of temperance and hygiene from the perspective of the Bible.

Textbook: *Christian Temperance & Bible Hygiene* by James & Ellen White

IOM 06 Drugs, Herbs, & Natural Remedies

1 credit

This course presents a comprehensive examination of health and medications in the time period of Ellen G. White's counsels on diet and health.

Textbook: *Drugs, Herbs & Natural Remedies* by Mervin G. Hardinge, M.D.

IIOM 07 Counsels on Health 3 credits

This course presents wonderful, practical, and up-to-date information on a variety of health principles. Some of the subjects covered are running a successful health institute, the role of the Christian physician, health food work, and medical missionary work.

Textbook: *Counsels on Health* by Ellen G. White.

IIOM 08 Mind, Character and Personality 2 credits

This collection of inspired writings deals with a wide range of counsel, including emotional stress, mind-body relationships, and human sexuality.

Textbook: *Mind, Character and Personality, Vol. 1* by Ellen G. White.

IIOM 09 Healthful Living 2 credits

This book presents in a very concise and condensed form the subjects of health, health reform and allied matters found in the writings Of Ellen G. White

Textbook: *Healthful Living* by Ellen G. White

IIOM 75 Medical Missionary Manual 2 credits

This course covers the blueprint for the Medical Missionary Work. It includes a wide range of general guiding principles, including, why it was given to us, why it is so important, who should do it, how should it be done, where should it be done, when should it be done, working principles and standards, how Jesus did it, ten steps of healing, simple remedies, the use of water, the drug question and more concepts and principles of the important medical missionary ministry.

Textbook: *The Medical Missionary Manual* by Ellen G. White.

IIOM 76 The Divine Prescription for Health and Healing 3 credits

This course discusses the methods and means of healthful living from which it appears that many have been drifting away. It deals with going back to “First Things”, and relying by faith upon the substances which God has established for our benefit.

Textbook: *The Divine Prescription and Science of Health and Healing* by Gunther Paulien, Ph.D.

Courses in Nutrition and Diet

IIOM 10 Basic Principles of Total Health and the Hierarchy of Nutrients 2 credits

This course covers the basic principles of diet and lifestyle factors that promote health and vitality. It presents and highlights the “Hierarchy of Nutrients” and the important topic of proper food combining.

Textbook: *Basic Principles of Total Health* by Jim Sharps, N.D., H.D., DrNSc, Ph.D.

IIOM 11 Scientific Basis for Nutrition 3 credits

This course covers the principles for optimal health and how to combat the top killer diseases of the twenty-first century. It presents the problems associated with eating meat, dairy products, and sugar. This course provides a comprehensive list of scientific studies and references in support of the vegetarian diet and lifestyle.

Textbook: *Proof Positive* by Neil Nedley, M.D.

IIOM 12 Detoxification and Cleansing Diets 2 credits

This course describes what detoxification is and the details of how to help a client begin and maintain a detoxifying and cleansing diet.

Textbook: *Toxic Relief* by Don Colbert, M.D.

IIOM 13 Health and Wellness 2 credits

This course presents a groundbreaking program that helps choose the best foods based on the unique chemistry of each individual's body.

Textbook: *Your Choice* by M. Ted Morter, Jr., M.A.

IIOM 14 Orthomolecular Nutrition 2 credits

This course covers essential vitamins, minerals, and food supplements specifically selected to solve individual problems for promoting optimal health and longevity for everyone.

Textbook: *Putting It All Together* by Dr. Abram Hoffer and Dr. Morton Walker.

IIOM 15 Current Events in Nutrition and Diet1 3 credits

This course has the student explore current newspapers, magazines, and television and save articles about nutrition and diet on an on-going basis. The student then analyzes this information as to its accuracy and completeness, citing references from IIOM textbooks or other sources.

Textbook: None required.

IIOM 16 Facilitating Dietary Changes 1 credit

This course presents a practical approach by helping students learn how to make changes in nutrition and diet for themselves and others. Assignments include trying and evaluating healthful recipes, researching community resources for healthful foods, and related dietary support.

Textbook: *Ways to Wellness Natural Recipe Book* (current edition) by IIOM.

IOM 17 Chemistry of Man**5 credits**

This course presents a compilation of food studies and the associations between diet and health and the effect of the chemical elements that shape human health.

Textbook: *Chemistry of Man* by Bernard Jensen, Ph.D.

IOM 18 Enzymes**2 credits**

This course presents a revolutionary new way to look at food and how it affects health. It is based on years of clinical research by the author who presents the true key to long-lasting health.

Textbook: *Enzymes: The Key to Health* by Howard Loomis, Jr., D.C.

IOM 19 Corrective Nutrition**4 credits**

This course presents the major topics of diet and lifestyle factors needed to address major health conditions, such as high blood pressure, diabetes, cancer and related degenerative conditions.

Textbook: *Proof Positive* by Neil Nedley, M.D.

IOM 20 Nutrition in Action**2 credits**

The purpose of this course is not only to show you that vibrant health is possible, but to give you a step-by-step program, a plan for reversing those feelings of diminished vigor, and, instead, feeling the joy that optimum health can bring.

Textbook: *Nutrition in Action* by Kurt Donsbach, N.D.

IOM 21 Introduction to Conventional Nutrition**1 credit**

This course presents basic information about macronutrients, micronutrients, diseases related to nutrition, and special diets and methods of feeding that are used in conventional medicine.

Textbook: *Medical Language* by Susan Turley, RN, BSN.

IOM 22 Nutrition for Children**4 credits**

This course focuses on how our children are falling victim to the Standard American Diet. Scientific data and common sense are presented along with techniques for teaching children how to eat healthfully and teaching parents and caregivers how to raise smart, healthy children.

Textbooks: *Kid Smart* by Cheryl Townsley, and *Eating for A's* by Scjaiss, Meyer, and Meyer.

Courses in Botanical Medicine

IIOM 30 Herbs of the Bible 2 credits

This course weaves history and folklore together with scientific research on over 50 herbs recorded in the Bible. It also includes artistic renditions of many of the plants. The author discusses the benefits of herbs in both medicine and cooking.

Textbook: *Herbs of the Bible* by James Duke, Ph.D.

IIOM 31 Medicinal Use of Herbs 2 credits

This course presents advanced concepts in herbal healing techniques. Topics include the study of over 100 common herbs, herbal preparations, and the application of herbs to 500 common ailments.

Textbook: *Natural Remedies Encyclopedia* by Vance Ferrell and Edgar Archibold, M.D.

IIOM 32 The Green Pharmacy 3 credits

This course explores the thousands of safe, natural remedies that lie untapped in jungles, forests, and herbal gardens throughout the world. America's foremost authority on medicinal plants and herbs, James A. Duke, Ph.D., shares his knowledge of these hidden reserves of healing power.

Textbook: *The Green Pharmacy* by James A. Duke, Ph.D.

IIOM 33 Practical Applications in the Use of Herbs 3 credits

This course presents a practical approach by helping students learn how to actually collect and store herbs, make lifestyle changes by using herbs in recipes, and approach other health issues.

Textbook: *The Shepherd's Purse* by Max G. Barlow.

IIOM 34 Advanced Treatise in Herbology 5 credits

This course provides an advanced, comprehensive treatise on herbs, including over 100 herbal preparations and their applications to a broad spectrum of health conditions.

Textbook: *Advanced Treatise on Herbology* by E. Shook, D.C., N.D.

IIOM 35 Adaptogens 2 credits

This course introduces a category of herbs referred to as Adaptogens whose properties are associated with the ability to help the body cope more effectively with stress. Specifically, adaptogens recharge the adrenal glands, which are the body's nominal mechanism for responding to stress and emotional changes.

Textbook: *Adaptogens* by David Winston and Steven Maimes.

IIOM 36 Encyclopedia of Herbal Medicine 3 credits

An excellent reference to 550 herbs and their remedies for common ailments.

Textbook: Encyclopedia of Herbal Medicine by Andrew Chevalier, FNIMH

IIOM 38 Chemistry of Essential Oils

3 credits

An excellent scientific, biblically-based coverage of the chemistry and efficacy of essential oils.

Textbook: The Chemistry of Essential Oils by David Stewart, Ph.D., D.N.M.

Courses in Alternative Medicine

IIOM 40 Acupressure

1 credit

This course covers the topic of acupressure and deep finger pressure over acupuncture points.

Textbook: *Acupressure Techniques* by Dr. Julian Kenyon.

IIOM 41 Elements of Massage Therapy

3 credits

This course covers the basic elements of massage therapy and includes topics such as contemporary developments in massage, massage systems, scope of practice, professional ethics, and structures of the human body as they relate to massage therapy.

Textbook: *Benjamin's and Tappan's Handbook of Healing Massage Techniques*.

IIOM 42 Introduction to Reflexology

1 credit

This course presents an illustrated guide to the healing zones of the hands and feet.

Textbook: *The Reflexology Manual* by Pauline Wills.

IIOM 43 Depression: The Natural Way Out

2 Credits

Instead of merely medicating the symptoms of depression, Neil Nedley, MD gives you a well-referenced, in-depth comprehension of how depression affects the person mentally, physically, emotionally, and spiritually, and brings hope with his successful twenty-week cure that has brought relief to so many of his patients.

Textbook: *Depression: The Way Out* by Neil Nedley. M.D..

IIOM 44 Introduction to Homeopathy

2 credits

This course presents the basics of homeopathic medicine and homeopathic remedies for everyday ailments and minor injuries.

Textbook: *Homeopathic Medicine at Home* by Dr. Maesimund Panos and Jane Heimlich.

IIOM 45 The Body Electric**3 credits**

This course presents many thoughtful ideas about the relationship of electromagnetism and electricity to basic life processes, medical care, and environmental concerns. Also, the politics of the world of medical research are presented in a realistic light.

Textbook: *The Body Electric* by Robert O. Becker, M.D.

IIOM 46 Defeating Cancer Naturally**1 credit**

This course will take the student through Anne Frahm's journey of reclaiming her body and her health. It is a valuable nutritional program to assist anyone seeking to recover from cancer and other degenerative diseases, and perpetuate good health.

Textbook: *Defeating Cancer Naturally* by Anne Frahm

IIOM 47 Introduction to Iridology**1 credit**

This course is an introduction to the study of the iris as a way to determine areas of stress and weakness in the entire body. The student will be able to use Iridology and other areas of study (such as nutrition) to ascertain problem areas and make educated recommendations for improvement.

Textbook: *The Science and Practice of Iridology* by Bernard Jensen, D.C., Ph.D.

IIOM 48 Introduction to Sclerology**1 credit**

This course will introduce the student to the interpretation of the sclera (white of the eyes) as it relates to whole body health and the various stresses that affect the wellbeing of individuals.

Textbook *Sclerology: A New View of an Ancient Art* by Leonard Mehlmauer, ND

Courses in Health Assessment and Professional Development**IIOM 50 Human Life, Its Philosophy and Laws****3 credits**

This course presents a revolutionary new way to look at health. It is based on years of clinical research, by the author who presents the true key to long-lasting health.

Textbook: *Human Life – Its Philosophy and Laws*

IIOM 51 Health Assessment thru Biological Ionization**3 credits**

The course presents the pioneering concepts of Dr. Carey Reams and explains the principles behind the pH test, proper procedures for conducting tests on urine and saliva, and how to use the test results to tailor counseling recommendations in diet and lifestyle plans.

Textbook: *Basics of Biological Ionization* by A. F. Beddoe, D.D.S.

IIOM 52 Dry Blood Cell Analysis 2 credits

Just one drop of blood can provide useful information to a health practitioner. It can show unhealthy conditions in the body that can be corrected with nutrition and lifestyle changes. This course will introduce students to a valuable tool in determining the condition of someone's health and allow them to make recommendations for dietary and lifestyle improvements.

IIOM 53 Whole-Body Dentistry 2 credits

This introductory course covers a shift away from the traditional "mouth-only" orientation of dentistry, focused on oral hygiene, fillings and extractions. This revolutionary view of dentistry recognized that issues in the mouth can trigger seemingly unrelated physical illnesses.

Textbook: Whole – Body Dentistry, Mark A. Breiner, DDS

IIOM 54 Natural Health Assessment Protocols & Strategies 2 credits

New course planned for 2019 curriculum

Textbook: New textbook (see most recent Text Source Guide)

IIOM 55 Strategies for Becoming an Active Thinker 1 credit

This course shows students how to study successfully, think critically, manage their time, complete assignments correctly, and have success with their studies.

Textbook: *Keys to College Studying: Becoming an Active Thinker* by Carter, Bishop and Kravits

IIOM 56 Legal Guidelines for Unlicensed Professionals 2 credits

This course discusses legal guidelines that apply to the practice of original medicine and naturopathy. It covers laws and their purposes, consent, disclaimer and disclosure forms, keeping records, licensing versus certification, etc. This course prepares students to effectively handle the legal aspects of running a naturopathic practice.

Textbook: Legal Guidelines for Unlicensed Practitioners by Lawrence D. Wilson, M.D.

IIOM 57 Traditional Naturopathy 2 credits

This course, which uses a text book adopted by several naturopathic schools, is highly recommended for those studying to be board certified by the American naturopathic Medical Certification Board. It explains many important aspects of the profession, including, what modalities are used by naturopaths.

Textbook: Naturopathy for the 21st Century by Robert J. Thiel, Ph.D.

IIOM 58 Setting Up a Naturopathic Practice 2 credits

New course planned for 2019

IIOM 59 **Blueprint for the Quintessential Original Medicine Lifestyle Center** **2 credits**

New course planned for 2020

Courses in Conventional Medicine

IIOM 60 **Introduction to Medical Language** **1 credit**

This course presents the mechanics of how medical words are formed from combining forms, suffixes, and prefixes as the basis for understanding the meaning of conventional medical words.

Textbook: *Medical Language* by Susan Turley, RN, BSN.

IIOM 61 **Anatomy and Physiology, Part 1** **1 credit**

This course presents the anatomy and physiology of the four most common body systems: the gastrointestinal system, pulmonary system, cardiovascular system, and urinary system.

Textbook: *Medical Language* by Susan Turley, RN, BSN.

IIOM 62 **Anatomy and Physiology, Part 2** **1 credit**

This course presents the anatomy and physiology of several common body systems: the integumentary system (skin), musculoskeletal system, blood and immune system, and nervous system.

Textbook: *Medical Language* by Susan Turley, RN, BSN.

IIOM 63 **Anatomy and Physiology, Part 3** **1 credit**

This course presents the anatomy and physiology of several common body systems: the male reproductive system, female reproductive system, endocrine system, eyes, and ears.

Textbook: *Medical Language* by Susan Turley, RN, BSN.

IIOM 64 **Disease Processes and Conventional Medicine, Part 1** **3 credits**

This course presents diseases of the gastrointestinal system, pulmonary system, cardiovascular system, and urinary system and how conventional medicine deals with them.

Textbook: *Medical Language* by Susan Turley, RN, BSN.

IIOM 65 **Disease Processes and Conventional Medicine, Part 2** **3 credits**

This course presents diseases of the blood and lymph system, integumentary system (skin), musculoskeletal system, blood and lymph system, and nervous system and how conventional medicine deals with them.

Textbook: *Medical Language* by Susan Turley, RN, BSN.

IIOM 66 **Disease Processes and Conventional Medicine, Part 3** **3 credits**

Rev 11/2017

This course presents diseases of the urinary system, male reproductive system, and female reproductive system, endocrine system, eyes, ears, nose and throat, and how conventional medicine deals with them.

Textbook: *Medical Language* by Susan Turley, RN, BSN.

IOM 68 Introduction to Psychiatry 1 credit

This course presents an introduction to the anatomy and physiology related to psychiatry as well as a detailed description of psychiatric diseases and how conventional medicine deals with them.

Textbook: *Medical Language* by Susan Turley, RN, BSN.

IOM 69 Introduction to Oncology 1 credit

This course presents and introduction to the anatomy and physiology related to oncology as well as a detailed description of cancerous diseases and how conventional medicine deals with them.

Textbook: *Medical Language* by Susan Turley, RN, BSN.

IOM 70 Conventional Drugs and Medicine 3 credits

This course presents conventional drugs and drug categories as used in medicine today. Clients seen by naturopaths are often taking prescription drugs, and the identity and action of these drugs should be understood.

Textbook: *Understanding Pharmacology for Health Professionals* by Susan Turley, RN, BSN.

IOM 71 Advanced Anatomy & Physiology 3 credits

In addition to the body systems covered in Anatomy & Physiology Parts I & II, this comprehensive course includes the integumentary system (skin), musculoskeletal system, blood and immune system, nervous system, male and female reproductive systems, the endocrine system, eyes and ears.

Textbook: *Medical Language* by Susan Turley, RN, BSN.

Courses for Program Completion

IOM 80 Case Study or Project (CNC) 2 credits

This course is a case study or project, selected by the student, that pertains to nutrition and diet.

Textbook: None required.

IOM 81 Case Study or Project (CHOM) 2 credits

This course is a case study or project, selected by the student, that pertains to the principles and practice of herbs and original medicine.

Textbook: None required.

IOM 82 Case Study or Project (CMM)

2 credits

This course is a case study or project, selected by the student, that pertains to the medical missionary principles and practice.

Textbook: None required.

IOM 89 Case Study of Project (BSOM)

This course is a case study or project, selected by the student that pertains to nutrition and diet.

IOM 90 Master's Thesis

10 credits

This course involves researching and writing a master's thesis on a specific topic of interest in original medicine.

Textbook: None required.

IOM 91 Doctoral Dissertation

15 credits

This course involves researching and writing a doctoral dissertation that includes original research.

Textbook: None Required.

ENROLLMENT AND ADMISSIONS REQUIREMENTS

All students must enroll as students of the International Institute of Original Medicine to qualify for credits toward certification and degree requirements and for continuing education. There is a one-time, nonrefundable \$40 registration processing fee that is due at the time of submission of an IOM Application for Enrollment Form to complete the initial enrollment in IOM in any individual course, certificate program, degree program, or practicum.

The basic requirements for successful completion of our programs are common sense, an open mind, an open heart, and a personal desire to understand and apply biblically based natural health principles and concepts. However, to properly understand college-level materials in our programs, a high school diploma, equivalency, or similar learning experiences may be helpful. Fluency in English writing and comprehension is necessary. All students must be able to use a computer to create documents and communicate via e-mail.

The IOM Bachelor's Degree covers the last 2 years in which students concentrate on their major area of study. Therefore, we prefer that students entering this degree program already have an Associate's Degree or a Bachelor's Degree to assure a general fund of knowledge. However, we welcome students with other types of relevant experiences and training as we do recognize the value of life experience and the general fund of knowledge gained in the workplace or in managing a home and family.

Students entering the Master's Degree program must already have a Bachelor's Degree in Original Medicine from IOM, another naturopathic school, or courses, relevant experiences, or training. The IOM Admissions Committee will decide if credits from another school meet the requirements of IOM or if there are additional IOM Bachelor's level courses that need to be taken before beginning the Master's level courses.

Students entering directly into the Doctoral degree program must already have a Master's Degree in Original Medicine from IOM, a Master's Degree from another naturopathic school, or a formal medical degree (M.D., D.C., D.D.S., etc.). The IOM Admissions Committee will decide if credits transferred from another school meet the requirements of IOM or if there are additional IOM Bachelor's or Master's level courses that need to be taken before beginning the Doctoral level courses.

HOW TO ENROLL

The enrollment procedure is very simple. Prospective students must complete the IOM Application for Enrollment Form found online or at www.iiomonline.com or at the end of this catalog. If you have any questions about enrollment, you may call our office at 410-884-9319, and we will personally assist you to ensure a productive and efficient enrollment experience. At the time of enrollment, you will select an educational offering (certificate program, a degree program, or an individual course) and you will submit the nonrefundable IOM registration fee of \$40 plus the payment option you have chosen for the program or course you select.

TUITION FEES

There is a personalized evaluation of formal or informal credits and life experience as students apply for admission to IOM. There is a one-time, non-refundable application/registration fee of \$40.00.

Tuition fees include course syllabi, study guides, and final examinations for each course. Students are responsible for purchasing textbooks, as required for most courses. The tuition fees for the certificate programs already include the cost of 3 course textbooks that are provided to the student by e-mail in a PDF e-textbook format. Tuition fees are subject to change without notice.

Course credits earned in certificate programs can be applied to degree programs. The following is a summary of the IOM tuition fees and credits for our standard offerings.

IOM OFFERINGS	PROGRAM TUITION RATE*	CREDITS	INDIVIDUAL COURSE/INSTALL TUITION RATE**
Certified Nutrition Counselor (CNC)	\$1560	22	\$1760/1680
Certified Herbalist Original Medicine (CHOM)	\$1560	22	\$1760/1680
Certified Medical Missionary in Original Medicine (CMM)	\$2040	30	\$2400/2250
Bachelor of Science in Original Medicine	\$3200	45	\$3600/3500
Master of Science in Original Medicine	\$4320	60	\$4900/4710†
Doctor of Naturopathy in Original Medicine	\$5440	90	\$7350/5850†

*This program tuition rate applies if tuition is paid in full at the time of enrollment or within 30 days of enrollment.

**This individual course tuition rate applies if each course in a program is paid for separately.

†This individual course tuition rate includes the Master Thesis course or Doctoral Dissertation course whose tuition rates are calculated on the basis of \$90 per credit.

Individual Course Offerings:

<u>Cost</u>	<u>Credits</u>
\$ 80	1
\$ 160	2
\$ 240	3
\$ 320	4
\$ 400	5

TUITION PAYMENT

Tuition fees must be paid before course materials are provided to the student. A check (imprinted with your name and address), cash, money order, or credit card payments are acceptable. **IOM accepts MasterCard, Visa, Discover and American Express.**

PRIOR STUDY CREDITS

IOM may choose to honor credits from other institutions (documented by a transcript from the institution), as well as formal and informal professional experiences, life experiences, or disciplined personal study programs (documented by proof of attendance or a description of activities including dates and total number of hours, with a signed statement from the student). Seminars, short courses, and one-day programs may be considered if their content material is relevant. All information will be reviewed by our Admissions Committee for relevance and credit-worthiness. We believe that this is consistent with a fair and balanced approach that meets the needs of all our valued students as well as the educational requirements of IOM.

All information concerning prior study credits should be sent to IOM for evaluation. Note: Please send copies only, as these will become part of your permanent student file.

International Institute of Original Medicine (IOM)
PO Box 506
Smithfield, VA 23431

COURSEWORK

All certificate and degree programs are divided into courses. Course materials are designed to help students learn effectively and at an optimum pace. We want our students to have a productive learning experience in addition to the personal/professional commitments in their lives. Some courses require exploration of critical or new areas of health and natural medicine via outside readings or Internet research. Other courses require students to assess their own lifestyle and make changes for the better. A final examination is at the end of each course. Each course must be completed with a grade of 95 percent or better in order to receive a final certificate or degree. We encourage students to retain all graded assignments until the completion of your program.

GRADING

All IOM courses and the final examination are to be submitted via email with the assigned work as an attachment to the e-mail. Assignments must be completed satisfactorily, and the final examination must receive a final grade of 95 percent or above, which constitutes satisfactory completion of that assignment. A grade below 85 percent requires a personal telephone interview between the student and the instructor of the course and a mandatory retest of that course material. Any retest will be given a pass or fail only.

Proficiency will be based on the student's diligence in learning the course material and the amount of personal additional study and experience he/she pursues in a chosen area of personal or professional interest.

ACADEMIC INTEGRITY

Ethical values and choices are at the heart of the study of naturopathy and our biblically based approach to nutrition and health. Each student is expected to maintain academic integrity and exhibit academic honesty while enrolled in IOM courses. This includes respecting IOM policies; making true and accurate statements on the IOM Admissions Form; refraining from cheating on assignments and final examinations; and not plagiarizing the work of other students or published documents. Students in violation of this academic integrity policy will be subject to academic discipline that can include expulsion from IOM without tuition refund.

ACADEMIC PROGRESS

As soon as you enroll, IOM will send you the list of required textbooks for your course, certificate program, or degree program, as well as the IOM Getting Started Kit. If you are enrolled in a certificate or degree program, subsequent courses will follow thereafter.

Students are invited and encouraged to dialogue with their instructors and with IOM about their academic progress. If you feel confused, anxious, not “on track,” or are concerned about anything about the course, immediately contact your instructor or IOM by e-mail or telephone. Believe it or not, every student feels that way from time to time! It’s a normal response to the stress of learning something new!

CERTIFICATE, DEGREE, AND COURSE TRANSCRIPTS

At the completion of all academic and financial requirements, certificate or degree students will receive an official diploma that can be framed along with a detailed transcript of all courses completed.

Students who complete the academic and financial requirements for an individual course will receive a transcript listing that course.

Additional copies of a student’s transcript may be requested for \$10 each for an electronic copy.

TIME LIMIT FOR COMPLETION OF COURSES OR PROGRAMS

The student is required to finish at least one individual course in a six-month period. Each certification program must be completed in its entirety within three years. Each degree program must be completed in its entirety within five years. Exceptions for exceptional circumstances will be considered by the IOM Admissions Committee on a case-by-case basis, with written explanation.

WITHDRAWAL FROM COURSES OR PROGRAMS

We realize that due to unexpected life circumstances students may have to withdraw from an individual course or from a certificate or degree program. All withdrawals must be requested in writing. No tuition refunds are given after 10 days following enrollment.

IOM FACULTY, STAFF, AND ADVISORS

JIM SHARPS, N.D., H.D., DR. NSc., PH.D. – IOM President and CEO. Director of Integrated Health Services. Lecturer, author, practitioner, seminar leader.

ELISA RAMIREZ-SHARPS, N.D., CCH, CNC – IOM Executive Director of IOM. Chairperson of the IOM Admissions Committee. Founder of Integrated Health Services.

RUDEL AND JEANIE DAVIS, N.D. – IOM Board of Advisors. Internationally renowned speakers, writers, researchers. Directors of Bayside Natural Health Center.

MARVIN MARSHALL – IOM Board of Advisors. IOM Director of Information Technologies.

Lystra Marshall, MBA – IOM Director of Scholarship Programs.

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R. DUANE McENDREE, N.D., PH.D. – Original co-founder of IOM.

NANCY L. McENDREE, N.D., PH.D. – Original co-founder of IOM.

INTERNATIONAL INSTITUTE OF ORIGINAL MEDICINE

IIOM Application for Enrollment Form

Please print out or photocopy this IIOM Application for Enrollment and then type or print all of the requested information. Please attach a recent photograph of yourself for student ID. Mail your completed form to IIOM at the address below.

1. NAME: _____ Maiden Name: _____

OTHER NAME (as it might appear on an official record): _____

2. HOME ADDRESS: _____ Apt. # _____

_____, _____, _____, _____
 City State Country Zip Code

3. TELEPHONE Home: () _____ Best time to call: _____

Work: () _____ Best time to call: _____

FAX: () _____ E-MAIL: _____

4. STUDENT I.D. (Social Security #): ____ / ____ / _____ DATE OF BIRTH: _____

5. HIGH SCHOOL (or equivalent): Name: _____

Address: _____ Date of Completion: _____

6. COLLEGE (last attended): Name _____

Address: _____ City: _____ State: _____ Zip: _____

Highest Degree and Major: _____ Did you graduate? _____ Date of Completion: _____

7. OTHER EDUCATION: (Please list all other educational achievements including correspondence courses, vocational training, seminars, workshops, etc. **Please Note:** All types of formal education must be verified in writing, i.e., Transcripts or Diploma. Attach an additional sheet, if necessary.

8. OTHER EXPERIENCES: Independent study, military, career experiences. Attach an additional sheet, if necessary.

9. CURRENT EMPLOYMENT Job Title: _____ Date of Employment: _____

Name and address of organization: _____

10. STUDY INTENT (check one):

I want to enroll in an IIOM certificate program. _____ If so, which one? _____

I want to enroll in an IIOM degree program. _____ If so, which one? _____

I want to enroll in an individual IIOM course. _____ If so, which one? _____

11. PAYMENT PLAN – The required amount for tuition and the IOM one-time registration fee must be paid upon acceptance into IOM. Students may elect to pay for individual courses, one at a time, when working towards completion of a certificate program or degree program.

12. TUITION REFUND POLICY: No refunds are given subsequent to 10 days after enrollment.

13. HEALTH STATEMENT: Do you have any health problems that would interfere with your ability to read, write, comprehend, interpret, or complete course work or participate in an internship program? No _____ Yes _____
Please describe: _____

14. I first heard about the INTERNATIONAL INSTITUTE OF ORIGINAL MEDICINE from: _____

15. PAYMENT

Please check ONE of the following:

____ I have enclosed a personal check (imprinted with your name and address) or cashier's check for the one-time, nonrefundable \$40 application fee. **Note: Returned checks will be charged a fee of \$45.**

____ I have enclosed a money order for the one-time, nonrefundable \$35 application fee.

____ I would prefer to charge my credit card for the one-time, nonrefundable \$40 application fee. IOM accepts Master Card, VISA ,Discover and AMEX.

Credit Card: _____ Credit Card Number: _____

Name that appears on the credit card: _____

Expiration date: _____ Security code or credit card authorization: _____

Signature: _____

NOTE: To be accepted as a student you MUST enclose your check or money order OR complete the requested credit card information.

16. SIGNATURE AND AGREEMENT

In signing this Application for Enrollment Form, I am agreeing to both the academic and financial aspects of enrollment as described in the IOM Catalog. The information I have given on the IOM Application Form is true and complete.

STUDENT SIGNATURE: _____ **DATE:** _____

17. MAIL THE COMPLETED APPLICATION TO:

INTERNATIONAL INSTITUTE OF ORIGINAL MEDICINE
Admissions Director
PO Box 506
Smithfield, VA 23431